#### PRASAD V. POTLURI SIDDHARTHA INSTITUTE OF TECHNOLOGY

KANURU, VIJAYAWADA -7 (AUTONOMOUS)

## Freshman Engineering Department

**GQC:** Green Quality Circle

### Action Plan for the A. Y. 23-24

- 1) To Acknowledge the health Impacts in family and society and create awareness through community awareness programs.
- 2) To identify the importance of physical and mental health in present generation and take up the Yoga and sports activities.
- 3) To identify the impacts of throwing hazardous wastes like plastic materials and to take up the management activities.
- 4) To encourage students to create green learning environment keeping in view the recent changes in global warming.

### PRASAD V. POTLURI SIDDHARTHA INSTITUTE OF TECHNOLOGY

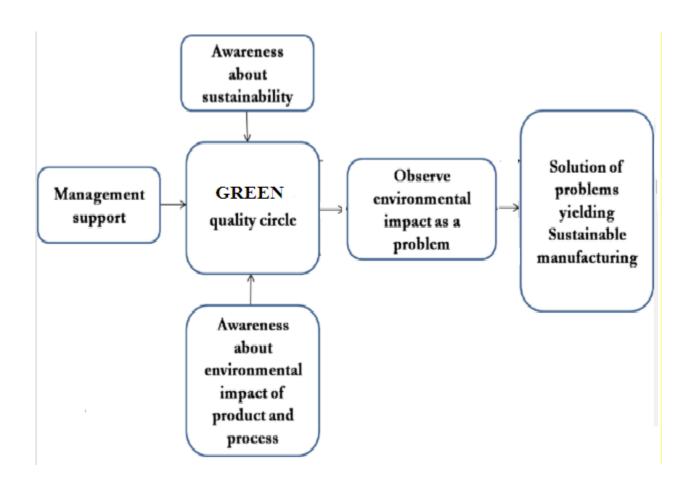
KANURU, VIJAYAWADA -7 (AUTONOMOUS)

## Freshman Engineering Department





## STEP TOWARDS GREEN QUALITY CIRCLE



GREEN QUALITY CIRCLE:

Green Quality Circle is an after school program which encourages students to develop

environmental empathy, passions for environmental sustainability, and knowledge about

the workings of environmental systems. It works for the upliftment and conservation of

trees and makes people aware of environmental problems such as deforestation, land

degradation, water pollution, and global warming caused by imprudent greeds of

humans. Green quality circle group work together to make the institute / local

community more sustainable through seminars, projects expos, street plays, popular

talks, community and health activities on environmental issues in the College. Green

quality circle group celebrates nature festivals to show the spirit of gratitude towards the

environment.

AIM:

Green quality circle aims to solve problems, improve the quality of Environment as act

locally and think globally.

**Objectives:** 

Green quality circle works to empower students to participate and take up meaningful

environmental activities and projects.

It is a forum through which students can reach out to influence, engage their parents and

neighborhood communities to promote sound environmental behavior.

It will empower students to explore environmental concepts and actions beyond the confines

of a syllabus or curriculum. While everyone, everywhere, asserts the importance of 'learning

to live sustainably,' environment remains a peripheral issue in the formal schooling system.

**Convener** : Dr.M. Srilakshmi

**Staff Coordinators**: Dr. T.PreethiRangamani

Dr.S.Lakshmi Tulasi

**Student Coordinators:** 

Miss.Naga Dhatri; Miss.D.Rithusri; Mr.Avinas; Mr.N.Kundan Kumar

## GREEN QUALITY CIRCLE

Academic year: 2023-2024

## **Programs Organised**

S. No	Name of the Event	Date	Portrayal
1.	One day seminar on health, wellness, yoga and subconscious mind	23-9-23	
2.	Detox Grocers- Food Expo	23-9-23	DETOX GROCERS  TOTAL TOT
3.	Engineers Day- Technical Poster Presentation	15-9-23	HAPPY O DAY
4.	One Day Workshop On - Reprogram Your Brain With Sushumna Kriya Yoga.	4-11-23	
5.	One Day Workshop On Pyramid Meditation	6-11-23	
6.	One Day Workshop On E- Security	21-2-24	e-security
7.	One Day Faculty Development Program On Food & Environment- Eat Healthy & Go Green	24-6-24	

## One day seminar on health, wellness, yoga and subconscious mind

# PRASAD V. POTLURI SIDDHARTHA INSTITUTE OF TECHNOLOGY KANURU, VIJAYAWADA -7 (AUTONOMOUS) DEPARTMENT OF FRESHMAN ENGINEERING

#### CIRCULAR

Date: 18-09-2023

All the I B. Tech. students are informed that Freshman Engineering Department is organizing a One -Day Seminar on "Health, Wellness, Yoga and Sub-Conscious Mind" on 23. 09. 2023. All the students are informed to attend the seminar.

#### Details:

Topic: Health, Wellness, Yoga and Sub - Conscious Mind

Resource Person: Dr. K. Manikya Rao Dates: 23.09.23

Venue: Auditorium/ Ground Floor Seminar Hall Time: 9.30AM

Dr. M. Srilakshmi

Read Freshman Engineering Department PVP Siddhartha Institute of Technology Kanuru, VIJAYAWADA-520 007.

# PVP SIDDHARTHA INSTITUTE OF TECHNOLOGY DEPARTMENT OF FRESIMAN ENGINEERING SUMMARY REPORT ON EVENT ORGANIZED

	ACADEMIC YEAR : 2023-2024		
Date of Event Organized	23-09-2023		
Name of the Event	A one day Seminar		
Title of the Program	Health, Wellness, Yoga &Subconscious Mind		
Resource Person Details	Dr. K. MANIKYA RAO		
Brief Report on the Event	Dr. K. Manikaya Rao introduced the topic by defining health and wellbeing and highlighting the importance of these concepts for both personal and professional development. Detox grocers typically focus on providing organic and natural products that support a healthy lifestyle.  Outcomes of this event:  1. Improved Health: Customers may experience better health outcomes by consuming products free from artificial additives, pesticides, and chemicals.  2. Environmental Benefits: Purchasing organic and sustainable products can contribute to reduced environmental impact, supporting ecofriendly practices.  3. Support for Local Farmers: Detox grocers often prioritize sourcing from local farmers and artisans, promoting local economies.  4. Ethical Consumption: Shoppers can feel good about supporting businesses that prioritize ethical and sustainable sourcing practices.  5. Education: Detox grocers often provide information and resource about healthy eating and sustainable living, helping customers make informed choices.  6. Community Engagement: These grocers can foster a sense o community by bringing like-minded individuals together.  Attendees had the opportunity to sample various healthy snacks beverages, and dishes, allowing them to experience the flavours and textures of wholesome foods first-hand.		
Year/Semester	I YEAR /I SEM		
No. of the participants	All I B.Tech students		
Consolidated Feedback	Good		
Suggestions if any			
Name of the Co-ordinators& signature of the Co-ordinators	Dr.S.L.Tulasi Dr.T.Preethi Rangamani & Dr.P.Pavani Mrs.P.L.Lavanya Quutuy		
another of the HOD	Stephenan Engineering Department		

#### PVP SIDDHARTHA INSTITUTE OF TECHNOLOGY

#### DEPARTMENT OF FRESHMAN ENGINEERING

A ONE DAY SEMINAR

On

Health, Wellness, Yoga &Subconscious Mind

Name of the Activity / Program: A one day Seminar on Health, Wellness, Yoga &Subconscious Mind

Speaker / Faculty: Dr. K. Manikya Rao

Date: 23.09.23

#### Objectives:

- · Understanding Yoga
- · Stress Management
- · Promoting Work-Life Balance
- · Mindfulness and the Subconscious Mind
- · Promote Healthy Eating Habits
- · Nutritional Knowledge
- Reduce Junk Food Consumption
- Reduce Junk Food Consumption

#### About the Topic/ Activity:

Dr. K. Manikaya Rao introduced the topic by defining health and wellbeing and highlighting the importance of these concepts for both personal and professional development. Detox grocers typically focus on providing organic and natural products that support a healthy lifestyle.

#### Outcomes of this event:

- Improved Health: Customers may experience better health outcomes by consuming products free from artificial additives, pesticides, and chemicals.
- Environmental Benefits: Purchasing organic and sustainable products can contribute to reduced environmental impact, supporting eco-friendly practices.





## Detox Grocers-Food Expo

# PVP SIDDILARTHA INSTITUTE OF TECHNOLOGY Department of Freshman Engineering One Day Workshop on "Detox Grocers" SUMMARY REPORT ON EVENT ORGANIZED Date: 23.9.2023

	ACADEMIC YEAR: 2023-2024
Date of event organized	23.9.2023
Name of the program	Detox Grocers
Title of the program	One Day Workshop on "Detox Grocers"  Today, many of us are under more stress than ever after enduring the COVID-19  Today, many of us are under more stress than ever after enduring with higher job  Today, many of us are under more stress than ever after enduring with higher job
Brief report on the event	pandemic, making ut street. These unexpected and undestrable electory and family responsibilities. These unexpected and undestrable short-term stress result in a lot of stress, which at times feels unrelenting. While short-term stress result in a lot of stress, which at times feels unrelenting, weight gain, and additional can cause uncomfortable headaches, stomach cramps, weight gain, and additional color and the productive systems. System in your body, including the immune, digestive, and reproductive systems. According to the National Institute of Mental Health (NIMH), if left untreated, According to the National Institute of Mental Health (NIMH), if left untreated, and the strength of the stress might even raise your chance of developing illnesses including chronic stress might even raise your chance of developing illnesses including obsity, type 2 diabetes, heart disease, depression, and anxiety. Stress may not only make you grumpier but also sicker. Selection of detox groceries is one of the only make you grumpier but also sicker. Selection of detox groceries is one of the most important aspects in the present day life for blooming our lives. The detox most important aspects in the present day life for blooming our lives. The detox most important aspects in the present day life for blooming our lives. The detox most important aspects in the present day life for blooming our lives. The detox most important aspects in the present day life for blooming our lives. The detox most important aspects in the present day life for blooming our lives. The detox most important aspects in the present day life for blooming our lives. The detox most important aspects in the present day life for blooming our lives. The detox most important aspects in the present day life for blooming our lives. The detox most important aspects in the present day life for blooming our lives. The detox most important aspects in the present day life for blooming our lives. The detox most important day life for blooming lifessess has an advers
Year/Semester	I B.Tech Students.
No. of the participants	75 teams
Consolidated Feedback	Good
Suggestions if any	
Name of the Co-ordinator	Dr. T. Preethi Rangamani Dr. S. Lakshmi Tulasi
Signature of the Co- ordinator	Lu.
Signature of the HOD	heap

Freshman Engineering Department pvp Siddhartha Institute of Technology Kanuru, VIJAYAWADA-520 007.

### PRASAD V POTLURI SIDDHARTHA INSTITUTE OF TECHNOLOGY

KANURU, VIJAYAWADA Freshman Engineering Department

Circular

22-9-2023

The Department of Freshman Engineering is organising A ONE DAY WORKSHOP ON DETOX GROCERS to I. B. Tech students. In this regard we cordially invite all the departmental HOD's and Staff to visit the presentations and appreciate the capability of our B.Tech tutees culinary nutritious skills. We also requested you to encourage the Second B.Tech Students to visit the stalls.

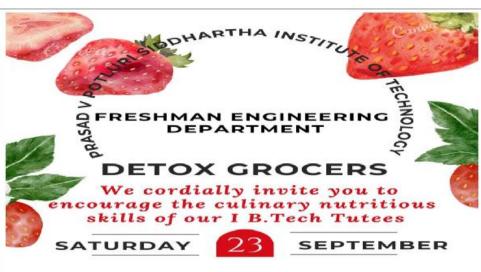
Venue: Third Floor Time: 10:30 AM

Copy to:

Freshman Engineering Department

All HOD's & Section In charges

Head Freshman Engineering Department PVP Siddhartha Institute of Technology Kanuru, VIJAYAWADA-520 0**97.** 





Third floor

Dept.

HOD

STAFF &STUDENTS

## **DETOX GROCERS**

#### WHY THE PROGRAMME:

Today, many of us are under more stress than ever after enduring the COVID-19 pandemic, making the switch to working from home, and dealing with higher job and family responsibilities. These unexpected and undesirable developments can result in a lot of stress, which at times feels unrelenting.

While short-term stress can cause uncomfortable headaches, stomach cramps, weight gain, and additional cold and flu episodes, persistent, unrelenting stress has an adverse effect on every system in your body, including the immune, digestive, and reproductive systems. According to the National Institute of Mental Health (NIMH), if left untreated, chronic stress might even raise your chance of developing illnesses including obesity, type 2 diabetes, heart disease, depression, and anxiety.

Stress may not only make you grumpier but also sicker. Selection of detox groceries is one of the most important aspects in the present day life for blooming our lives.

The detox diet improves our skin tone, immunity, and sleep patterns in addition to getting rid of the toxins already in our bodies. Your energy is increased and your cravings are greatly reduced when you detox your body. A detox not only helps you lose weight, it also cleanses your body from the inside out.

The most frequent reason for recommending detox therapy is the possibility of exposure to hazardous chemicals in your surroundings or food. These include heavy metals, artificial chemicals, pollution, and other dangerous substances.

Additionally, it is asserted that these diets can aid in the treatment of a number of medical conditions, such as obesity, digestive disorders, autoimmune illnesses, inflammation, allergies, bloating, and chronic fatigue.

AIM: The program aims to show a variety of "detoxification" diets, regimens, and therapies—sometimes called "detoxes" or "cleanses" that have been suggested as ways to remove toxins from our body, lose weight, or promote bealth.

#### OBJECTIVES:

We are recommending a cleanse to all of our nutrition for

Energy Boost. Better Concentration.

Better Breathing.

Emotional Release

Ability to Make Healthier Lifestyle Changes.

Healthier Hair and Skin.

Convener : Dr.M. Srilakshmi

Staff Coordinators : Dr. T.Preethi Rangamani; Dr.S.Lakshmi Tulasi

Student Coordinators: Miss.Naga Dhatri; Miss.D.Rithusri; Mr.Avinas; Mr.N.Kundan Kumar

	Civil Department	*		Talk: N.V	
stall No	Name Of The Student	Mobile Number	Name Of The Item	MARKS	10
1	Ch. Shanmuka Sai	8125934266	Pani Puri	3	
2	N. Aswanidath	9569709586	Peanut Masala	7 -	
	V. Hari Narayana	7569709586			
	K. RajaVardhan	9569709586			

Varian CSD Dany

Forithalian

ECE-1 regular

3 segada 5

ECE 2 4 - Mixture - 3

5 - Holaa - T

CO	MPUTER SCIENCE	3		
tall No	Name Of The Student	Mobile Number	Name Of The Item	MARKS
1	Md. Sadhika	9666066838	Pani Poori , Maramaralu Mix	1
	V.Alekhya		Tani Con , waranana wix	1
	Sk.Shaistha			
2	N. Sri charanya	9989755282	Millet Laddu, Sandwitch -	0.
	M. Dakshayani	7707455262	wither Laddu, Sandwitch	8.t1
3	B. Lokesh	8247006143	Maramaralu Laddu	1-
	Sushanth ·	0247000143	Maramarau Laddu	
	Jitendra -			-
4	Wesly	8688625414	Lemonade	- 11
1	Krishna	8088025414	Cemonade	3
5	Ruthvik		Badam Milk 9- Post	-0-11
	Pranay		Budain Mink A Age	7
	Gurusai	9515561473	Groundnut Milk	
	Varaprasad ·	3010001110	Grounding 17111	
6		8096941388	Maramaralu Mix	
	Sahithya			
	Sowmya			
7		7330791555	Maramaralu Mix	4
	Karthik			
	Harsha ·			
8	T. Blessy Keerthana	8501813269	Pani Poori	4
	Pallavi '			F 0000
$\sim$	K. Jaya Prakash	7416762080	Sprout Sandwitch	
_	Subash			
	Y.Nihar		· Bush salad	
10		7207896689		- 8 -
	Afreen	4	Dryfruit Laddu	
-	Sruthi	6302433066	Corn Mix Chia Seed Drink (Nanari ) =	01
1	1 D. Reethusri	6302433066	Peanut Chikki, Maramaralu	7 /
	M. Rishmitha		laddu	
-	T. Sai Deepika		Millet Laddu	
1		7780740714	Rajama	5
2	K. Charisma		Mojito	

I'd - miled - Laddu - 2.

I'd - chia seed drime - 11

Ind 10 my Bruit Luldy - 10

	Name Of The			
all No	Student	Mobile Number	Nmae Of The Item	
1	J. Viswates	8121566676		MARKS
	A. Likith	0121306676	Pani Puri , Millet Putareku	36
2	A. Rohan	9246496315		-
	B. Nitish	9240490313	Wheat Rolls	17+
3	A. Rushitha	8309822289		
	G. Nvavyasri	0309822289	White Pasta	12
4	M. Divya	9652391677	Pan cakes	,
	N.Ramya	3032391077	Pan cakes	1 -1
	V. Veda Sidhi		-	-
5	Ch. Jaswanth		Banana Shake	
	M. NagaTarun		Banana Shake <	
	P. Hemanth			1
6	Ch. Harshini	,	Peanut chikki	1
	P. Lasya	9848746058		
7	M. Geetha Varshini	9346483496	Maramaralu Mix	3
	N. Sindhu			
	Ch. Revanthi			
8	M. Vyshanavi	8522839959	Millet Laddu	67
	K. Pujitha	8125432497		1
		1		1 1

J'st- miller Laddy -8

[Ind. wheat-roll - 2.

[II] and Pan caucel - 4.

Stall No	TIFICIAL INTELLIGEN Name Of The Student			
1	P. Venkata Karthik	Mobile Number	Name Of The Item	MARKS
-		8919484263		2
- 2	Gowthami	8106768578	Veg. Salad	7
	A.B. Farzana		Maramaralu chat	
	Darshini		lemon juice	
3	Sai Sri	9346524549		6 -
	Laksmi Prasanna	9346324549	Lemon rea	19 -

I'd Lemontree -3

	MECHINICAL			
Stall no	Name Of The Student	Mobile No	Name Of The Item	MARKS
1	B.Sanjana		Maramarala Mix	to to
	M.Rupa Rani			>
2	SK.Meera Sharif	9390175354	Laddu	9
	V.Kalyan Sai Ram	9908586975	Salad	/

ISI- a Laddy -2

	CS AND COMMUN	- Continuit		
Stall No	Name Of The Student	Mobile Number	Name Of The Item	MARKS
1	Hema Anadh	9849477184	Green Gram Mixture	e 86
2	V.Jwaladeep	8106434729	Chat, Maramaralu mix	1
	P.Pavan Kumar	8328030022		1
3	T.Eshwar Sai	8712213474	Sugandha Water	5
4	P.Pavan Kumar	9398049729	Maramarlu mix	1 2
5	A.Ramya Mounika	9290185369	Pumpkin Halwa & Muri Mixture	71
	P.Hanisha	9704492559		1 2
	K.Abhilasya	9676181688		
	6 S.Harini	9059396951,	Detox Water	4-
	J.Pallavi	9618205248		
	7 M.Sai Sri Veda,	8885111489	channa chat	15
	G.Sujana Sree	8074329900		2
	B.Jana Sri	8374831579		-
	8 N.Sri Durga,	9866457531	Pani Puri ,Perugu Puri	14
	Y.Tejaswini	910087090		,
	Ch.Prananthi	9291686446		10
	9 G.Bhanu teja	9675772345	Millet laddu	8
	M.Balaram	and the second		
1	A.Chaitanaya s	ni		

1st prize - Millet laddu - No9.

2nd - Pumpkin Halwa - No 5

3rd - Marmaralumix - No2

LECTRICAL AND ELECTRONICS ENGINEERING MARKS Name of the Item Stall No Name Of The Student Mobile Number **4 7815859693** Laddu V.vennela 9963019353 Y.Aknnkasha 7671899344 S.Keerthana 9959072711 Polin Mix 6 2 K.Mamatha Kichdhi 7569449692 N.Dhanalakshmi Chin Pudding 911054359 D.Divya Auvitha 7386737839 Lemon Juice B.Vyshnavi 7981389829 K.N.L.Sowjanya 9866817120 D. Vaishnavi 8019497550 Lemon Juice maramaralu mix L. Hepsibha Peanul masala CH.Pujitha 99493971325 V.Bhavitha 9121515799 361 V.Yasaswini 8977644778 Lemon ade K.Sri Lekha 7093628290 Polimnix S.Nehitha 9494732379 Fruit salad S.Nikhilesh 4 9392810188 Lenion Juice 4-. D.Sai Teja, 7799621100 9390243591 K.Naga Balaji P.Prasanna Kumar 7702999359 Popcorn, sweet corn 4 V.Nikhil, 7075076280 M.Jagadeesh 7842523883 K.Anuradha 8501879187 Peanut Masala 7 CH.Sai Srujana 7893237856 Sweet Corn Chat 9550681184 J.Leela Ragi Laddu

1st - Ragi laddu - 8.

2nd - Pohamix - 5

3rd - Kichidi - 2









## **Engineers Day- Technical Poster Presentation**

PRASAD V POTLURI SIDDHARTHA INSTITUTE OF TECHNOLOGY
KANURU, VIJAYAWADA

#### Freshman Engineering Department

14-9-2023

On account of Engineers Day on 15-9-2023, the Department is organizing Technical Project Expo, Technical Poster presentation and Technical Rangoli to I. B. Tech students. In this regard we cordially invite all the departmental HOD's and Staff to visit the presentations and appreciate the capability of our Talented Technophiles.

Venue: Third Floor Time: 10:30 AM

Dr. M. Srilakshmi
HeadHOD, FED
Freshman Engineering Department
PVP Siddhartha Institute of Technology
Kanuru, VIJAYAWADA-520 007.

## GREEN TECHNOLOGY-TECHNICAL POSTER PRESENTATION

# PRASAD V. POTLURI SIDDHARTHA INSTITUTE OF TECHNOLOGY (AUTONOMOUS) DEPARTMENT OF FRESHMAN ENGINEERING

CIRCULAR

Date: 07.09 2023

As a part of Engineers' Day Celebrations, Freshman Engineering Department, is conducting the following events to the I B. Tech. students:

S. No.	Competition	Date & Time	Venue	Coordinators
1.	Mini – Projects	15-09-2023 9. 00 – 10,00 A. M.	Third floor Bridge	Dr. G. Sreedevi Mr. M. Naga Prasad Mrs. Y. Payani
2.	General Quiz	12-09-2023 2. 00 P. M.	Ground floor seminar hall Room No 161	Dr. V. Sectamahalakshmi Dr. V. S. N. Malleswari Mr. A. C. S. Babu
3.	Poster Presentation Topic: Green Technology	15-09-2023 9. 00 – 10.00 A. M	Third floor Bridge	Dr. T. Preeti Rangamani Dr. S. Lakshmi Tulasi
4.	Elocution My contribution as an Engineer to my Country	12-09-2023 9. 30 A. M.	Ground floor seminar hall Room No 161	Dr. A. Purnachandra Rao Mr. T. Krishna
5.	Essay Writing Topic: Engineering Innovation for a more resilient world	12-09-2023 3. 00 P. M.	Drawing Hall Room No 428	Dr. Sk. Rehena Dr. T. Vidyullatha
6.	Technical Rangoli	15-09-2023 9. 00 – 10.00 A. M.	Third Floor	Mrs. T. Krishna Sree Mrs. A. Divya Sai Sree

Interested students are informed to enrol their names with the coordinators listed above. Note:

1. All the I B. Tech, students are eligible.
2. No registration fee for the competitions.
3. Participation certificates will be provided to all the valid participants.
4. Prizes and merit certificates will be given to the first three winners.
5. For Rangoli, participants have to bring their own material.
6. Students are supposed to leave the classrooms only when the student coordinate come with the list of narticipants.

te:
All the I B. Tech, students are eligible.
No registration fee for the competitions.
Participation certificates will be provided to all the valid participants.
Prizes and merit certificates will be given to the first three winners.
For Rangoli, participants have to bring their own material.
Students are supposed to leave the classrooms only when the student coordinators come with the list of participants.

Dr M. Srilakshmi

Dr M. Sriinksnim
HOD, FED
Head
Freshman Engineering Department
P Siddhartha Institute of Technoles
Kanuru, VIJAYAWAOA-520 007



One of the key advantages of presenting a poster is the opportunity to show off ones work to a big, varied audience. Posters give the opportunity to display the work during the conference and draw in attendees who are interested in the same things or have queries about the subject, in contrast to oral presentations, which are typically time and space constrained. Posters can also be used to demonstrate aptitude for clear and succinct communication of ideas, as well as talent for creativity and design.

#### PRASAD V POTLURI SIDDHARTIHA INSTITUTE OF TECHNOLOGY, KANURU, VIJAYAWADA FRESHMAN ENGINEERING DEPARTMENT Engineers Day Celebrations Technical Poster Presentation on 15-09-2023 LIST OF STUDENTS REGISTERED FOR THE COMPETITION Branch Name of the student S. No. Marks M. Jagodkesh Green Techno-U. Nikhil - 1099 666 65 6€€ cee 368 Ch. Durga Meenakshi & pollution) 37 Ch. Devi - Areen Fish Form 38 G. Alle Akshaya kumari- French CSM 6-5 CSM 7.5 CSM 65 39. Y. Sumer Horshitha-gree Technology ece 7.5 K. Anwrodka - green Technology 40 ece. 7.5 sistee Tanmayeez green K-Devistee Technology 250 7 CSD N. charith jagossi J-orsof Birth 425 N-sandeep nech Mech On Congetten Ke Ramanjanajulu

#### PRASAD V POTLURI SIDDILARDIA INSTITUTE OF TECHNOLOGY, KANURU, VIJAYAWADA FRESHMAN ENGINEERING DEPARTMENT Ungineers Day Celebrations Technical Poster Presentation on 15-09-2023 LIST OF STUDENTS REGISTERED FOR THE COMPETITION 5. No. Name of the stedent Branch Marks 4-3 B. vas krovi - Steenstechnolog 4. cee 7.5 K. N. Sowjanya Technology eee CEL T. satto molika j clam e Snaik. Jakeda Altreen Green AS. CSE csc 46 A.Veubhesh - sobr energy 65 csm 47. k. raja vordhan z clean a green kovxa Jechology civil 6-5 civil Sittarini J. Pallavi A. Ramya LEE. y ducen technology ece 7.5 N. Salenina ) areen Revolution finebox civit . \* pr. K. Camarianepula grocker, Ect On Everythin

#### LIST OF PRIZE WINNWRS

S.NO	NAME OF THE STUDENT	BRANCH	PRIZE
1	V.BINDU	ECE	I
	A.LAKSHMI VARA PRIYA	ECE	
2.	K.VARUN	CSD	II
3	SD.ISHRATH SUHANA	CSM	III
4	R.CHARAN TEJA	ME	CONSELATION
5	K.ANURADHA	EEE	CONSELATION

### PRASAD V. POTLURI SIDDHARTHA INSTITUTE OF TECHNOLOGY

KANURU, VIJAYAWADA-7 (AUTONOMOUS) DEPARTMENT OF FRESHMAN ENGINEERING

### CIRCULAR

Date: 4-11-23

All the I B. Tech. Students are informed that Freshman Engineering Department is organizing a One- Day Workshop on "Reprogram Your Brain with Sushumna Kriya Yoga" on 4-11-23. Students of CSE, EEE & ECE are informed to attend the workshop.

Details:

Topic: Reprogram Your Brain with Sushumna Kriya Yoga

Resource Person: Mrs. Sireesha Rudraraju

Date: 4.11.23 Time: 2.30 P.M Venue: Auditorium

Dr. M. Srilakshmi

PVP Siddhartha Institute of Technology Kanuru, VIJAYAWADA-520 COF

#### PVP SIDDHARTHA INSTITUTE OF TECHNOLOGY Department of Freshman Engineering

One Day Workshop on "Reprogram Your Brain with Sushumna Kriya Yoga" SUMMARY REPORT ON EVENT ORGANIZED

Date: 4.11.23

ACAI	DEMIC YEAR : 2023-2024
Date of event organized	4.11.23
Name of the program	Reprogram Your Brain with Sushumna Kriya Yoga
Title of the program	One Day Workshop on "Reprogram Your Brain with Sushumna Kriya Yoga"
Resource persons	Mrs. Sircesha Rudrarajau
Brief report on the event	<ul> <li>Kriya Yoga is a simple psycho-physiological technique used to decarbonize and replenish human blood with oxygen. To revitalise the brain and spinal centres, the extra oxygen's atoms are converted into life current.</li> <li>Regardless of one's lifestyle, the Gurus stated that Sushumna Kriya Yoga can be regularly practised to achieve, enlightenment and eternal pleasure.</li> <li>Sushumna literally translates to sukha-mana, a happy mind. As we will see, practising cultivating a joyou mind is one of the -pranayama preparations prior to contemplative focus.</li> <li>Promotes a sense of quietness to our brain by reducin the impact of overstimulation of frontal lobes. Helps tincrease the Respiratory Sinus Arrhythmia and reliev mental health issues such as anxiety and depressio Regulates the levels of stress hormones in the body.</li> </ul>
Year/Semester	I B.Tech CSE, ECE, EEE Students
No. of the participants	
Consolidated Feedback	Good
Suggestions if any	
Name of the Co-ordinator	Dr. T. Preethi Rangamani Dr. S. Lakshmi Tulasi
Signature of the Co-ordinator	å fu
Signature of the HOD	44_





Name of the Student	Branch	Roll Number	Signature
Ab Zaheda Begum	cse	23CSE 101	Nb Zabeda
Sumaiah	ECSE	23ECE 232	Sumalah
M. Ayesha Basheen	CSE	23CSE 24D	Ayesha
Chandana.V	ECE	23ECE 273	Chandana
N.Jayalathu;	L\$6	1365€233	or Jany m landy
K Sravani	CS€	23 CSG 219	k. some
M. Vanalakshmi	CSE	23CSE 237	Vascalalistle
P Kanyasri	EEE	23E E E 152	P. Kanyasri
J. Yasasutini	EFF	83EEE170	u.ya saswin
6 Anu Radha	EEE	23EEE124	KAnuladha
.h Gnona deepika	CS€	23 CSE 170	ch Grana dispita
Janastee	ECE	23ECE 113	B. Janasiee
charishma	ECE	236 CE 148	B.chy_
- pavani	BLE	A3 ECE 138	16 pauni
2. Abardiai	ECE	23E(ED)	P. Mardini
· Puuna Sahithi	666	236C6202	Y Robert
· Harini	FEE	23616222	der.
Palloni	ELE	23666128	Aman
Toya Sirt	ECE	23ECE 219	P. Frys. S. A.
Eswari Devi	ECE	33ECE 8.08	Newster
kshmi Nara Briga.A	ECE	23ECE141	Dupiz.
Silvy Joice	ECE	23ECE 117	Christop

28	T-Lakshni Sameera	ELC	\$20x 541	Francisco
29		ECE	23EcE251	Samos
30		ECE	83.6CE157	KiPadmaja
31	P. Posjidka	TT	235TR23	Pogst
32	N. Sameera	27	23 PT 216	Jarrera
- 17	Abdul Rahama	E-ce	23 ECE 101	ALP O-
33	D-N-5-R- Toja swe	ECE	23 <i>ELE</i> 173	D. Teja Sver
34	T HONISHA	ECE	23 ECE 269	T Plonty
35	P. Gartha Maga Kowmudhi	ECE	23E/E218	P.S.N. Kowadl
0,00	P. Rujitha	ECE	23GCF216	P.P.witha
37	R-Anitha	ece	23€€€ 248	R. Aritha
38	y-Pavans	ECE	23ECE 254	Y Pavanî
15.5	U Meghana	FCF	23ECE 234	U. Meg
40	Kithilakavathi	CRE	23 C4E 163	Kithshakaunt
41	P Srutti	646	83606809	PSraft;
42	K. Stavya	ECE	23ECE 134	Keston
43	D. Bhagyavathi	ECE	23EcE 49	D-Bhagyava
44	K Rishitha Joy	Ece	28666121	R. Riches
45	K. Meghana	CSE-1	23CSE122	KNeghana
46	G. Siva Pallari	CSE-1	23CSE176	G. Siva Pallon
47	Mekachavnya	ECE-Q	23ECE201	(фионур. мера
48	P. Suseela	Ece-a	a3ECE 210	D Jurel
49	Md Nazimunnisa	ECE-2	23 Ec € 203	Hd-Wazingskus
50	M. Gayattini	ECE- 2	#3 t c 6 25 G	M. brayatti
51	P. Szeelekha	ECE-2	#36ce@14	Pfeuelekha
52	K.Bhauya	ece-I	23606161	K-Bhanys
53	M•Toùsha	€C€-1	93 ec 6 160	мтыйна
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13	Flahou	CSE-3	319	P.Lahasi
130	S Saranya.	CSE-3	364	Slunge
137	N- Yavanika	CSE-3	308	N Yayanika
138	M. Varshithan	JT- 2	265	M Varshitta
139	Istunda Gerthile	cse-1	168	P. Ger (C)lear
140	is Stanogra	CSE-3	3#3	19 Haga
141	T Sudheshna Day	C4F-3	310	Tedherro
142	Sai Vocatini	CSE-3	327	Servadin
143	S. Jaya lakshmi	CSE-3	351	S Jaya latshin
144	U- Nithisla	CSG-3	335	U. Nilkiela
145	Sk. Shahutha	CST-3	325	It Shahist ta
145	sk. Kanshma	C5E-3	322	sto Karis hie
147	T. Reshtnt ahig	(50-3	333	Thefire the
148	S. Vishnu Parya	cse-3	366	s. Went
149	S. Bala Eri	CSG-3	363	S. Bilant
150	K-Charishma	CSE-1	180	K. amisha
151	N. Sudha	cs€-2	272	N. Sudhe
152	M.Rishmitha	CSF-2	2 68	multiplication with
153	Md:Sadhi Ka	C56-2	232	Sadheke
154	K-Sirivalli	CSE-2	213	K. Sinvalu
155	K-Mounica Bhargari	CS€- <b>2</b> _	217	t: Mounica
156	g. Vennela	CSE-1	139	G. Verrela
57	G. Jahnaw	CSE-I	149	Jahravi
58	R:DEVIKA	CSE -3	350	P. Devika
-	T datya Molika	cse-3	334	T: Satyamol

	Name of the student	Branch	Roll number	Signatine
118	8 5-Volini prino	TT-1	107	5 Votini
119	73 Anu bai	TT-1	106	B Anu brie
120	K. Chinmayee	17-2	175	Kothinmayes
121	T. Amulya	77-1	127	d almolys
122	D. N. Oakshayani	NT-1	167	DNE
123	B. Inkitha	7-7-1-	163	Billisto
124	M-Sai Sri Veda	ECE-2	8 68	Marida-
125	M. Dounila	ECE-2	204	Wish
126	y Tswarya	101-2	239	Bayon
127	P. dasp.	17-2	219	Pasys
128	M. Sasaviya	.G -71	263	M· saranga)
129	T. Sonika	CsE-3	359	of Surbe
130	g. Vasundhara	456-3	371	G. Vasordhi
131	5-Vani Vahnika	cs6-3	352	S-Vani
132	V. Niharika	ECE -2	253	Prattur
133	ch-chaitra	CSE-1	169	ch chaire
134	K. Sai Sxi	CSE-1	161	di Saisri
135	J. Pauovi	*TT-1	129	J. Pallou
136	E. Kusama Sat	IT-1	169	E. Ken
137	A- Sreya	IT- t	159	of Siega
138	J. Profits a	1T_ )	152	T Pojitta
139	M-Bala Bhaveja	II-1	(57	M Bata Blavga
140	D-Varshisha	2T-1	122	D Varshitho
41	T. Blessy Keerthana	CSE-3	331	-T Blessy Keerlbo
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1	K. Naga. Charan	CSE-2	23CSE 289	Charan
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9	B. Gowtham Sai	ECE-1	23 ECE 115	B. Good of
96	Ch. Mohan	ECE-1	MECENS	Chmohan
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102	B. Thinnna Raju	ECE-1	23ECE-11 1	BIB
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105	J. Naga venkaka sai	ECE-1	73FC[129	Down D
106	B. Abhiram	Ec E-1	13 EC E166	246-
107	Palaga Jagadish	ect-2	23 FCF 264	PJJ
108	P. Balodithya	COE-2	63(8E543	B Bay
109	D.Anuradha	IT-I	23IT117	D.Angradna.
10	B. Lakshmi	IT-1	2377148	B. Lakeshui
11	A. Keerthana	IT-1	2317104	duthif
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	123	Ch Jaswanth	27-1	1/3	Ch Toward
1	124	A Garidhan	27-1	155	Ar.
-	125	H Gowtham wijay sai	2T-1	145	How
	126	D. Vishal	27-1	119	D. Wahal
1	127	K. Somandh	IT-1	135	KAN
1	28	A. Likhith	IT-1	160	A. likhith
1	29	G. Bhavath	I-t-1	17-2	Bharath
1	30	K-Abhinav	T.T-1	130	Abhi
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136	cl	1- Horsha vordhan	ECEL	170	Chrok
137	P.	Somesh	(6E-3	317	P.Somes I
138	T	Jaya Krishma	(56-3	356	Jen
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140	CH	Ruthvik	CSE_3	361	R
141	1	1- Revarith Reddy	C9€-3	302_	12
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45	P.	Pascol	CSES	345	4.
33	P. 5	5 Chaithama	C12.3	346	11

## One Day Workshop on Pyramid Meditation

### PRASAD V. POTLURI SIDDHARTHA INSTITUTE OF TECHNOLOGY

KANURU, VIJAYAWADA-7 (AUTONOMOUS)

#### DEPARTMENT OF FRESHMAN ENGINEERING CIRCULAR

Date: 4-11-23

All the I B. Tech. Students are informed that Freshman Engineering Department is organizing a One- Day Workshop on "PYRAMID MEDITATION" on 6-11-23. Students of CSE, EEE & ECE are informed to attend the workshop.

Details

Topic: pyramid meditation

Resource Person:

Mrs. SRI. VELLANKI NAGABUSHANA RAO GARU

Vice President, SAGTE & Convenor, PVPSIT

Date: 6.11.23 Time: 2.30 P.M Venue: Auditorium

# PVP SIDDHARTHA INSTITUTE OF TECHNOLOGY Department of Freshman Engineering A ONE DAY WORKSHOP ON PYRAMID MEDITATION SUMMARY REPORT ON EVENT ORGANIZED Date: 6.11.23

ACAD	DEMIC YEAR: 2023-2024		
Date of event organized	6.11.23		
Name of the program	PYRAMID MEDITATION A ONE DAY WORKSHOP ON PYRAMID		
Title of the program	LAUDITATION		
	SRI. VELLANKI NAGABUSHANA RAO GARU		
Resource persons	Promotes a sense of quietness to our brain by reducing the impact of overstimulation of frontal lobes. Helps to		
Brief report on the event	mental health issues such as anxiety and depression mental health issues as a such as a		
	I B.Tech CSE, ECE, EEE Students		
Year/Semester	250		
No. of the participants			
Consolidated Feedback	Good		
Suggestions if any	Dr. T. Preethi Rangamani		
Name of the Co-ordinator	Dr. S. Lakshmi Tulasi		
Signature of the Co-ordinator	- Le		
Signature of the HOD	Head		

Freshman Engineering Department

PVP Siddhartha Institute of Technology

Yanuru, VIJAYAWADA-520 007.





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	K. Kavya Marjusha	ECE	23ECE14D	Ken Najuha
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4	A Kusuma	€C€	23 ECE 105	Aland
5	Gr-Sujana Sou	ELE	23ECE179	Sujava
6	G. Reshwa svi	ECE	23ECE 123	Ref.
7	Gi-Lolitha Vasavi	ECE	23ECE 178	Gralitheran
8	k- Meghana	ECE	23€(€ 132	K-Mcgfana
10	CH Properthe	ECE	23€€€169	ch 8
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11	K. Deepika	EEE	23 EEE 122	K. Deeply
	R. Meghana	ECE	231€€€ 201	The same of the sa
13	S. Sowmya	ECE	23ECE224	S. Sowmya
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16		EEE	23€€€ 106	Pajitha
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9	CH. Soi Srujana	€€€	93EEC 160	Srujana
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K. Vamsi Krishma	ECE->1	RHG	162
K. Sasidhas		K. saesidhas	153
L. Yaswanth		L. gasaon Ah	259
About Vagoer		sldul regeer	102
Sk. Samod.	ECE-02-	S	227
D. Naga Mallerwatas	II - 2	D. Nopuller agou. C	211
S. Ram Mohan Manikanta	JT-2	S. Pan Hobas	259
Brahmesh Nuvetty	ECE-(	Belal.	167
V. Dioga Marikanta	ECE-20	vans	252
S. Sujith	ECE-2	Sujett	229
S.Mani Kanta	ECE-1	S:Mani Kanta	ସଚ୍ଚ
N. Tayasimha Reddy	ECE-2	No Ferguint	240
5. Venkata Bhikshalu	ECE-2	S. bots	223

/ ravanika	CSE-3	308	N. Vayanika
B M. Varshithou	17-2	265	M Worshillan
P. Brunda Geethike	CSE-1	168	P. Coce palled
2 16 Hanagra	CSE-3	373	Whogpa
1 TSudheshna Dai	CSE-3	370	Budheshra
: Sai Vasslini	CSE-3	327	Servashin
S. Jaya lakshmi	CSE-3	351	s Jayalatshmi
U. Withisla	CSE-3	335	U. NITKINA
SK-Shahustha	CST-3	325	It shahist fa
SK. Karishma	CSE-3	322	st Karis he
T. Reshini Ahiq	cse-3	333	Redwe Alla
5. Vishnu Parya	cse-3	366	S. Way
S. Bala Eri	CSG -3	363	S. Balang
K. Charishma	CSE-1	180	K. aurisha
N. Sudha	cs∈-2	272	N. Sudhe
M.Rishmitha	CS &- 2	268-	mutethatte
Md:Sadhi Ka	056-2	232	Sadheke
K-Sirivalli	CSE-2	213	K. Sinvalu
K. Mounica Bhargarii	CS€-2_	217	t. mounica
g. Vennela	CSE-1	139	G. Verrela
G. Jahnari	CSE-I	149	Jahrani

5. Volini priya	1	MIDNA	Signaline
72 volini priya	TT-1	107	S Volini Driga
T3. Anu bai	IT-1	106	B. Anu baij
K. Chinmayee	IT-2	175	Kochinna
T. Amulya	1-15	127	1 donat
D. N. Dakshayani	DT-1	167	DN St
B. Inkitha	7-T-1	163	
M. Sai Sri Veda	ECE-2	8 68	Methodo
M. Damila	ECE-2	204	wide
Y Tswarya	ECE -2	239	Frage
P days.	IT-2	219	
M. Sasanya	G -71	263	Pdoup
T. Sonika	CsE-3	359	or South
g. Vasundhara	LSE-3	3+1	
6. Van: Vahn: Ka	CSE-3	352	G. Vasordh S. Vani
V. Niharika	606-2	253	
ch chaitra	CSE-1		UNITED IN
K. Sai Sou	CSE-1	169	Ch. Chairm
J. Paulavi		161	& Saily
	ユーエ	128	J-Pallo
F. Kusama Sai	IT-1	169	6 Karw_

## One Day Workshop On E- Security

# PRASAD V. POTLURI SIDDHARTHA INSTITUTE OF TECHNOLOGY KANURU, VIJAYAWADA-7 (AUTONOMOUS) DEPARTMENT OF FRESHMAN ENGINEERING

#### CIRCULAR

Date: 20-2-24

All the I B. Tech. Students are informed that Freshman Engineering Department is organizing a One- Day Workshop on "E-SECURITY" on 21-2-24. Students of CSE, CSM, CSD & EEE are informed to attend the workshop.

Details:

Topic: One Day Workshop on E- Security

Resource Person: VENKAT PERLA CEO & CO-Founder UPLINK Automation.

Date: 20.2.24 Time: 2.00 P.M Venue: Auditorium

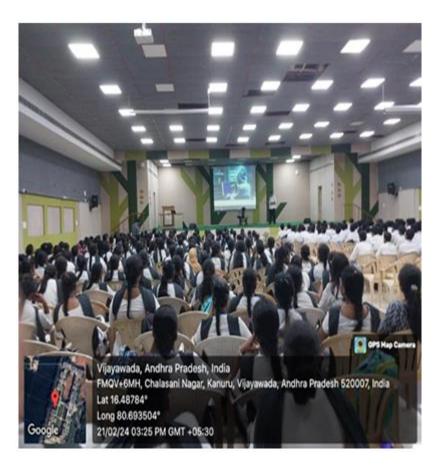
> Dr. M. Srilakshmi Haad Freshman Engineering Department PVP Siddhartha Institute of Technology Kanuru, VIJAYAWADA-520 097.

# PVP SIDDHARTHA INSTITUTE OF TECHNOLOGY Department of Freshman Engineering One Day Workshop on "E- SECURITY" SUMMARY REPORT ON EVENT ORGANIZED

Date: 21.2.24

Date of event organized	21.2.24			
Name of the program	E-SECURITY			
Title of the program	One Day Workshop on "E-SECURITY"			
Resource persons	VENKAT PERLA CEO & DE CO-Founder UPLINK Automation.			
Brief report on the event	Every organization, using networked computers and deploying an information system to perform its activity. faces the threat of hacking from individuals within the organization and from its outside. Employees (and former employees) with malicious intent can represent a threat to the organization's information system, its production system, and its communication networks. At the same time, reported attacks start to illustrate how pervasive the threats from outside hackers have become. Without proper and efficient protection, any part of any network can be prone to attacks or unauthorized activity. Routers, switches, and hosts can all be violated by professional hackers, company's competitors, or even internal employees. A short of awareness is needed to ensure the protection of organizations' information systems is to refrain from connecting them to communication networks:			
Year/Semester	I B.Tech CSE, CSM, CSD, EEE Students.			
No. of the participants	220			
Consolidated Feedback	Good			
Suggestions if any				
Name of the Co-ordinator	Dr. T. Preethi Rangamani Dr. S. Lakshmi Tulasi			
Signature of the Co-ordinator	The state of the s			
Signature of the HOD	bul Head			

Head Freshman Engineering Department PVP Siddhartha Institute of Technology Kangru, VIJAYAYAKANA SAR 002





# PRASAD V POTLURI SIDDILARTHA INSTITUTE OF TECHNOLOGY KANURU, VRAYAWADA DEPARTMENT OF FRESIDAN ENGINEERING DEPARTMENT A one day Mexicipy on E- Security Auditeium

Venue: Auditorium
Date / Timer 21.02.2024.
Durnier one day
Name and Designation of Resource Person: Venket Perla, CEO & Co Founder
Topic: E- Security

ropic: E- S	ccurity
STUDENT	ATTEMPANCE SHEET

S.NO REGD NUMBE	NAME OF THE STUDENT	SIGNATURE
1 235KHA	osts H. Dakshayani	91 Desluy
2 25.00 IAD		Ki Shi Chorany
3 21501 AO		to Bharya Sai Saa
4 R350IA0	su sk. yashita Navya	But
5 assornes	Fra Je. Benthi	K. Bolly
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10 2350100	Sn. L. Kakshmi poojitha	Poojithalelle
11 SECTIONS	ty K-Pravallika	K. Pravallik
12 235m Por a	K. Sai Sai	)C-S-26s
13 235618056	M.Vancini	M. Yamani
4 Sperine c/3	L. Pujitha	Distan
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6 235 DIAMES	M.Pogiltha	M. Pagiitha
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DISCOMOSES	Moulika K =	KMOULK
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	Mitrishna Sahithi	M.Sahithi
	N. yavantka	N. Yavanika

30	9367/0500	K. Stavani	k. Syavani
	23 FOLLORE	M. Vara lakshmi	H. Varela Delur
32	23501A05A	H. Jaya (atthm)	H Jaya lakshmi
33	2350 0000	M.Janani .	M. Janani
34		Md. asodhika	Sadhiea
35	2350V0583		Lishathe
36	2350IA0582		Kihilakavathi
37	23501A0594		Adithya
38	1920010266	u. Jan Vikah	R. Janvil .
39	2350(not A 6	M.Poshonya Gupha	SE.
40	2350(A057.7	m. Mankonta Nagor, una	Mynanikando
41	2350110578	K Tay Werkete Sai Brokach	X Tai trakas
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50	2350180576	K. Tit endra Kumon	K. Fitedra Kun
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52	23501A0592	K. We rendya Babu	Kileandrababa
53		. A. Rishi	PERO
54	23501A0597	M-Mandar	w/L
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S.NO REGD NAME OF THE STUDENT NUMBER	, SIGNATURE
1 23501005 Fy Shalk Karishma	shalt Kartshma
2 23501AOSHR T-Reshint Abia	- Au
3 23501905HT T- Sai peepira	T. Sai Reepika
4 23501 AOSHY -T. Acu	T. Anu
5 2350190598 S.VishnaPaiya	S. Vishnaping
6 23501806H5 T. Blessy keethana	TBlessyleathans
7 23501AOSTI Y. Guna Varshini	Vanshinee
8 23501A0569 R. Nordini Hariprina	R. Nautici
9 23501AOSF3 S.Taya lakshmi	s. Saya lakshmi
10 23501A05FG S.K. Poshanova	st Postanasa
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235019053 3. Balasti	S.Role
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37	23501 ADSET	R-Kamath	V. Horsha
38	2350INO5T5	V-SRI HARSHA	S. Cowthan
39	2360IA0564	S. Gowtham Sai	P Bolgoldkya
40	9.35VAUED4	P - Babdittya	V-Rohith
41	2350140519	V. Rohith	Phanesh
42	23 501Ac661	P-somesh	V. SaiGran
43	23SDIAOS I3	V. Saikinan	F. Hora Sagar
44	2350/A05H6	T. Hema Sagar	S. W. Taitouhun
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## One Day Faculty Development Program on Food & Environment- Eat Healthy & Go Green

#### Aboutthe FDP

A balanced diet provides the nutrients required for goo health and energy by incorporating a range of foods in the right amounts. Benefits for Your Health: Eating a healthy diet boosts immunity, elevates mood, sharpens the mind, and lowers the risk of developing chronic conditions like diabetes, heart disease, and some types of cancer. Food and nutrition play a vital role in our daily lives and have an impact on our longevity, well-being, and health. People who are knowledgeable about these topics can make informed decisions regarding their diet and how it affects their bodies.

- · To educate the public on the benefits of a alanced diet rich in fruits, vegetables and whole rains.
- · To increase awareness about the health risks sociated with processed foods, high sugar ntake, and excessive consumption of red meat nd processed milk.
  - To provide easy-to-follow guidelines and recipes for nutritious meals

C. P. R. Environmental Education Centre (CPREEC) i a Centre of Excellence in Environmental Education established by the Ministry of Environment, Forests and Climate Change (MoEF&CC), Government of and Climate Change (MoFreeCt.), Government of India, and CPR Foundation, Chennai, in 1989. Its mandate is to raise awareness and disseminate information about the environment and its various problems. CPREEC develops innovative programmes and builds capacity in the field of education and communication for sustainable development. It endorses attitudes, strategies and technologies that a environmentally sustainable.

Sri. Dr. C.Nageswara Rao President, Siddhartha Academy Sri. P. Lakshmana Rao Secretary, Siddhartha Academy Sri. V. Naga Bhushana Rao Convener, PVPSIT

Dr. K. Sivaji Babu, Principal, PVPSIT

Dr. M. Srilakshmi, HOD, FED

Dr.T. Preethi Rangamani. Dr. S. Lakshmi Tulasi, Asst. Professor, FED

ContactAddress: Dr. S. Lakshmi Tulasi - 8247288609 Dr. T. Preeti Rangamani - 9885029497

#### ource Persons:

- Kakarla Venkataratnam
   Environmental Journalist & CPR Projects CPR Environmental Education Center,
- 2. Dr. Kasturi Sirisha Assistant Professor Dr. N.R.S. Government Ayurvedic College, Vijayawada.

#### ThereisnoRegistrationfee.

Venue: E-Class room (255) Time: 9:00 AM Lunch will be provided



One Day Faculty Development Program on

"FOOD AND ENVIRONMENT- EAT HEALTHY AND GO GREEN"



24th JUNE 2024

#### Organizedby

Department of FreshmanEngineering and C. P. R. Environmental Education Centre, Chennai.

Prasad V. Potluri Siddhartha InstituteofTechnology

(Autonomous) Kanuru Vijayawada-520007

#### PRASAD V. POTLURI SIDDHARTHA INSTITUTE OF TECHNOLOGY KANURU, VIJAYAWADA-7

(AUTONOMOUS) DEPARTMENT OF FRESHMAN ENGINEERING CIRCULAR

Date: 22-6-24

All the Freshman Engineering Department staffs are informed that the Environmental Science faculty are organizing a One- Day FDP on ""Food And Environment- Eat Healthy and Go Green" on 24-6-24. All are invited to the programme. Lunch follows.

#### Resource Person:

K.Venkataratnam, Environmental journalist GSR projects. Dr.K.Sirisha, Assistant Professor, Dr.N R S govt. Ayurveda College.

Date: 24-6-24 Time: 10 30 A M Venue: E-Class room

Dr. M. Sri Lakshmi

Freshman Engineering Department PVP Siddhartha Institute of Techn-France Minne

### PVP SIDDHARTHA INSTITUTE OF TECHNOLOGY

One Day FDP on "FOOD AND ENVIRONMENT- EAT HEALTHY AND GO GREEN"

#### SUMMARY REPORT ON EVENT ORGANIZED

Date: 24.6.2024

Date of	ACADEMIC YEAR : 2023-24	
Date of event organized	24.6.2024	
Name of the program	Food And Environment- Eat Healthy And Go Green	
Title of the program	One Day FDP on "Food And Environment- Eat Healthy and Ge Green"	
Resource persons	K. Venkataratnam, Environmental journalist CSR projects. Dr. K. Sirisha, Assistant Professor, Dr. N R S govt. Ayurveda College.	
Brief report on the event	A balanced diet provides the nutrients required for good health and energy by incorporating a range of foods in the right amounts. Benefits for Your Health: Eating a healthy diet boosts immunity, elevates mood, sharpens the mind, and lowers the risk of developing chronic conditions like diabetes, heart disease, and some types of cancer. Food and nutrition play a vital role in our daily lives and have an impact on our longevity, well-being, and health. People who are knowledgeable about these topics can make informed decisions regarding their diet and how it affects their bodies	
Year/Semester	Faculty	
No. of the participants	28	
Consolidated Feedback	Good	
Suggestions if any	***	
Name of the Co-ordinator	Dr.T. Preethi Rangamani, Dr. S. Lakshmi Tulasi,	
Signature of the Co-ordinator	ti.	
ignature of the HOD	Head shends Engineering Department	

eyp Siddhartha Institute of Technolos

PVP SIDDHARTHA INSTITUTE OF TECHNOLOGY
FRESHMAN ENGINEERING DEPARTMENT
A ONE FDP ON" FOOD AND ENVIRONMENT -EAT HEALTHY AND GO GREEN"
REGISTRATION FORM
2.4/6/2.4

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5.NO	Name of the participant	Signature
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5	Dr. G. Sreedevi	11/1/
6	Mrs. T. Krishna Sree Dr. N. Ushavani	1
7	Dr. P. Pavani	- Tour
8	Dr. R. Chudoman	Pm
9	K. KIRBN KIMBR	180
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12	A. Chandra Serchara Barbu	Dy
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16	Dr Vistaniale dalli	10
17	T. Pullakao	00
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#### PVP SIDDHARTHA INSTITUTE OF TECHNOLOGY Process Record for Academics

Feedback

Freshman Engineering Department

A one FDP on" Food and Environment -Eat healthy and go green"

Venue : E-Class Room Date / Time 24.06,2024

Duration One day Name of Resource Person

K.Venkaturathum Environmental Journalist (CSR project Officer Dr.K.Sirisha, Assistant Professor Dr.N.R.S Goot College, Vijayamada : Food and Environment -Eat healthy and go green

Note: Please provide your feedback for the following items by putting a fick mark (v) for the number of your choice in the five point scale.

|1= very good /2= good/ 3= average/ 4= poor/ 5= very poor| |1. Relevance of the FDP in the present scenario.

. 2. The resource person communicated ideas/ suggestions/ thoughts clearly.

3. The resource person stimulated my interest in the specified area.

4. Doubts/ Queries were answered satisfactorily.

5. Facilities in the Department for organizing the programme.

6. Any three key takeaways from the FDP

, Name of the Participant:

Signature:

